

DEFQON.1 CHECKLIST



- Have a valid passport
- Have made copies of passport
- Have travel insurance
- Purchased an E-Sim
- Bring prescription from doctor if travelling with prescribed medications
- Double check what medications are allowed in layover airport
- Bring slides/thongs for showers
- Bring towel (microfibre recommended)
- Bring laundry bag for dirty clothes
- Bring nose spray
- Bring sunscreen
- Bring blister patches
- Get Festigo Survival kit
- Bring a portable charger
- Bring a powerboard
- Bring travel adapter
- Bring extra phone charger and cables
- Pack for all weather (hot and cold)
- Bring a bum bag
- Store main luggage in storage lockers in Amsterdam for the weekend
- Purchase a cheap trolley to help transport items in and around the campsite
- Bring outfit for Sunday Funday

RECOMMENDED FOOD LIST

- Breads and spreads
- Protein bars
- Vitamin waters
- Electrolyte sachets
- Magnesium powder or tablets
- Instant noodles
- Fruit (bananas, apples, oranges)
- Food that is easy on the mouth and will not perish over 3 days (IYKYK)